

RESEARCH IN FORENSIC PSYCHIATRY

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RCPsych FORENSIC FACULTY

IMPROVING THE FUTURE OF ACADEMIC FORENSIC PSYCHIATRY IN BRITAIN AND IRELAND

Goals

- **Recruiting and retaining sufficient academic forensic psychiatry trainees to ensure maintenance/increase in numbers of senior forensic psychiatry academics across UK and Ireland**
- **Reduce isolation of forensic psychiatry academics**
- **Provide more leadership for treatment and long-term outcome research**
- **and more input to wider research strategies relevant to offenders**

**** 4-5 new trainees a year for the next five years ****

Particular focus on research and the teaching of research – why?

- **Forensic psychiatry a growth specialty**
- **Effective and efficient services depend on accurate knowledge of the causes of offending behaviour in the context of disorders of mental development, mental illness or both, and**
- **of the impact of management strategies, including legal and service frameworks, as well as general and specific treatment plans -**
- **calling for an integration of knowledge of basic science discoveries and clinical practice and**
- **a multidisciplinary approach, so appropriately skilled psychiatrists needed**

SOME PROBLEMS IN ACHIEVING THE NECESSARY DEVELOPMENT

- **Common to many medical specialties**

Academy of Medical Sciences 2002

Clinical Academic Medicine in Jeopardy

BMJ 1.11.2003; 2.10.2004

Council of Heads of Medical Schools 2005

1 in 8 academic posts lost between 2001 and 2004

- **Exacerbated in Forensic Psychiatry**

Small size

Recent emergence as a recognised specialty

High growth rate, competing demands and financial disincentives

Political factors

Combined effects

SOME RESPONSES

- **UKCRC Report 2005**

*Report of the Academic Careers Sub-Committee on
Modernising Medical Careers*

www.ukcrc.org

- **National Co-ordinating Centre for Research Capacity
Development**

£100m

750 clinical fellowships for junior doctors

400 clinical lectureships

200 senior lectureships (mainly consultants)

www.nccrcd.uk

NATIONAL PROGRAMME ON FORENSIC MENTAL HEALTH RESEARCH & DEVELOPMENT (R&D)

www.nfmhp.org.uk/expertpapers

- The scope for preventing antisocial personality disorder
Antisocial pd: children and adolescents
- Dual diagnosis mental disorder & substance misuse
- Prison healthcare
- Social division & difference: Black & ethnic minorities
- Sex offender research
- Social division and women
- Mental illness and serious harm to others
- Personality disorder
- Neurobiological approaches to pd
- User involvement in Forensic MH R&D

**So, we want some forensic psychiatry
input?**

**What have forensic psychiatrists been doing
to improve the situation?**

First, from you College and Faculty

- **For a copy of the report RCPsych website,
or**
- **email taylorpj2@cardiff.ac.uk**

Forensic faculty recommendations

- **On standards**

Forensic psychiatrists should assist in standard setting for RAE

and initiate debate about improving process of ethics approval for the field

- **On new posts**

4-5 new research training fellowships p.a. ring-fenced for forensic psychiatry

Make link between NHS National Programme on FMH R&D and College to steer development

Faculty recommendations continued

- **On significant external development**
Maintain NHS National Programme on FMH R&D
- **On continuing changes in training**
Capitalise on training opportunities as outlined in UKCRC documents
- **On the research environment**
Strong host environments include academic law and criminology
Press for university commitments
Appropriate recognition and support of clinical academics

Faculty recommendations continued

- **On the contribution of the RCPsych**

Forensic Faculty seminars should routinely refer to the evidence base in policy documents and identify research questions from clinicians

Maintain and extend support for promoting forensic psychiatry research presentations at College Faculty and Annual meetings

- **On personal development**

Become audio- and video-conference proficient

Annual appraisal to support research skills

Forensic Psychiatry Research Society should become a vehicle for networking for research

**And what else have forensic psychiatrists
been doing?**

THE FORENSIC PSYCHIATRY RESEARCH SOCIETY

AIMS

- To increase co-operation and collaboration between those with an interest in forensic psychiatry research
- To provide a foundation on which to influence national priority setting for research into forensic psychiatry
- To support those in the early stages of their careers in academic forensic psychiatry
- To facilitate translation of research findings in forensic psychiatry into practice

www.fprs.org

**So, you want to do research, where
can you go for some advice, help,
and training?**

SOME CENTRES WITH FORENSIC RESEARCH EXPERTISE

Birmingham

Bristol

Cambridge

Cardiff

Dublin

Edinburgh

Lancaster

London

King's

Imperial

London

Queen Mary &

Westfield

St George's HMS

Manchester

Newcastle

Nottingham

Oxford

Southampton

Academic Department of Psychiatry, University of Dublin, Trinity College & National Forensic Mental Health Service, Central Mental Hospital, Dundrum, Dublin

- MSc course in mental health with modules in forensic mental health and models of service delivery
- all disciplines allied to academic departments (psychiatry, nursing, psychology, social work, psychology)
- research in
 - population-based morbidity & needs assessment
 - consent and capacity
 - clinical risk & quality
 - mental health law.



The University of Dublin
Trinity College



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Forensic Psychiatry

The University of Edinburgh

Research

- Risk assessment and management
- Impact of legislative change
- Outcome in forensic populations
- Evaluation of interventions e.g. substance abuse and psycho-education programmes

Development

- Forensic Mental Health School for Scotland
- Mental Health and Scots Law in Practice (2005)
- Pilot services for people with personality disorder in the community and prison

Contact

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DEPARTMENT OF FORENSIC MENTAL HEALTH SCIENCE Institute of Psychiatry at **The Maudsley**

- ❖ The department offers two taught courses for SpRs in Forensic Psychiatry
 - MSc in Clinical Forensic Psychiatry and Psychology
 - MSc in Forensic Mental Health Science (This course constitutes the first year of a four year PhD programme.)
- ❖ Students may enrol full or half-time.
- ❖ Students are encouraged to join one of the research teams in the department.

- ❖ Teams are currently engaged in two large programmes of research.
- ❖ Persistently violent offenders
 - ◆ Neurobiology of persistent violent offending
 - ◆ A prospective, longitudinal investigation of young children at risk for persistent violent offending
- ❖ Schizophrenia and violence
 - ◆ A prospective, longitudinal investigation of children at risk for schizophrenia and violence (genetics, neurobiology, environment)
 - ◆ Neurobiology of violence among men experiencing a first episode
 - ◆ Effective interventions to reduce violent behaviour
 - ◆ Effective organisational models for forensic services

For information contact Dr Sophie.Davison@iop.kcl.ac.uk



Research Opportunities for SpRs in Forensic Psychiatry

St George's University of London, Division of Mental Health.

Forensic Mental Health: interfacing different research disciplines and methods, service provisions and policy fields

Training Programme Director: Dr Gill Mezey. email: gmezey@sgul.ac.uk

- Civil and Criminal Justice Services**
- Court of Appeal/House of Lords
 - High Court
 - Crown Court
 - Magistrates Court
 - Probation Service
 - Multi-Agency Public Protection Panels (MAPPPs)
 - Mental Health Review Tribunals
 - Courts in Foreign Jurisdictions
 - Law Commission for England and Wales
 - Inter-American Court of Human Rights, Costa Rica
 - Inter-American Commission for Human Rights, Washington DC

Collaborations

Institute of Psychiatry
University College London
LSE: Department of Law
Cambridge University: Dept of Social Anthropology
Imperial College
Guy's, King's and St Thomas' School of Medicine
Royal Free and UC School of Medicine
University of Auckland, New Zealand

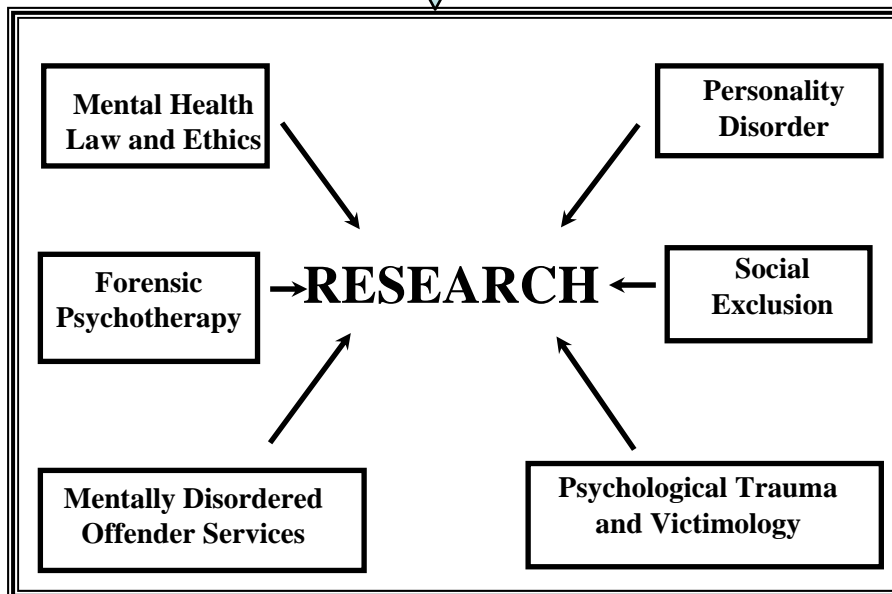
University of Boston
Goldsmiths College
University of Manchester
South Bank University
London School of Hygiene & Tropical Medicine
Royal College of Psychiatrists Research Unit
Bramshill Police College
Metropolitan Police

Disciplines and methods

- psychiatry
- psychology
- psychotherapy
- epidemiology
- public health sciences
- criminology
- social science
- social anthropology
- philosophy
- economics
- scholarly method
- law
- ethics
- public policy analysis
- quantitative methods
- qualitative methods
- empirical method

Advising Public Policy Bodies

- Department of Health
- Home Office
- Law Commission
- Law Society of England and Wales
- Bar Council
- Royal College of Psychiatrists
- British Medical Association
- British Psychological Society
- Inter-American Commission for Human Rights, Washington DC
- House of Commons Select Committees
- Crown Prosecution Service
- Scottish Executive Health Services Research Committee
- Medical Foundation for the Care of Victims of Torture
- NACRO
- Wellcome Trust Biomedical Ethics Research Panel



Teaching and Training

- Research capacity building via postgraduate degrees, MSc, MPhil, PhD, MD.
- MSc / Diploma in Forensic Mental Health Science
- SpR Training Programme
- SHO Training
- Mental Health Professionals' Training
- LLM Mental Health Law, LSE

Funding Bodies

- Department of Health R&D
- Home Office
- Welcome Trust
- ESRC
- NHS
- NIMHE

- There are opportunities for sessional input to the research themes for SpRs.
- MSc modules in forensic psychiatry- (method A Taught & Thesis).
- PhD/ MD opportunities-connected to project grants.
- Support for MRC and Wellcome Training Fellowships.
- Steeping Stones awards-partially funded by university for PhD fellowships.

Health Services Research.

- Validation of Violence risk assessment tools in UK populations.
- Role of personality factors in outcomes in medium security and addiction services.
- Mental Health needs of women in secure care.
- Mental Health Services in prisons- In Reach.
- Evaluation of Schema Focused Therapy in PDs in high security (RCTs)
- RCT ETS programme for ASPD

Neuroscience research

- Neurobiology of antisocial behaviour- the role of serotonin in behavioural restraint
- Imaging behavioural restraint & emotional information processing in ASPD and schizophrenia- Structural & FMRI studies.
- Neuropsychology of conduct disorder and psychopathy in young offenders.
- Role of neurocognitive deficits in predicting institutional outcome in forensic samples.
- Imaging deception in healthy controls and personality disorders.

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[Jenny Shaw \[jennifer.shaw@manchester.ac.uk\]](mailto:jennifer.shaw@manchester.ac.uk)

Manchester University

Dr J Shaw

Dr M Dolan

RESEARCH INTERESTS:-

- ❑ Homicide and Serious Violence
- ❑ Prison Mental Health Research
- ❑ Neurobiology of Personality Disorder

Two current 'Research' SpRs keen to develop more!

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University of Newcastle

Don Grubin don.grubin@ncl.ac.uk

- research relating to DSPD or Forensic PD (medium security or community)
- sex offending: (especially the use of medication, or the impact of polygraphy)
- prison health screening

Nottingham University, Division of Forensic Mental Health

The Good News

Generous complement of Trust funded staff. The medical (Clinical) component of this comprises 1 Chair and 1 clinical lecturer

2 clinical senior lecturers about to be advertised

****A second lecturer post being considered****

Four additional non-clinical posts, comprising 2 Chairs, a Readership in Neuropsychology and a Senior Research Fellow. All these posts are filled. Three of these are psychologists and the other a nurse.

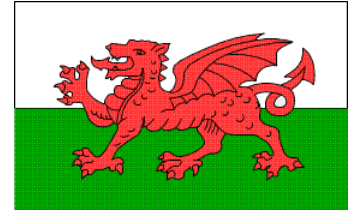
The Bad News

Both Senior Lecturers have recently left. The last lecturer was not interested in a senior academic position on completion of training. I am not confident of refilling all the posts: working in the NHS seems more attractive - more lucrative and unpressured by RAE returns. I will retire in five years. It would be a pity if there were no future senior medical academic here, reflecting on what I got from my medical training.

conor.duggan@nottshc.nhs.uk



WALES



CARDIFF UNIVERSITY

Schools of

- Law
- Medicine

Psychological Medicine

MSc, forensic module devt.

PhD opportunities

- Psychology
- Social Sciences

UNIVERSITY OF GLAMORGAN

- Forensic psychiatric nursing and other professions allied to medicine

OTHER UNIVERSITY LINKS

FORENSIC PSYCHIATRY

•Psychosis & violence

when psychotic drive is the key
when it is not

•SWANZDSAJCS

•What happens to prisoners & to staff in prison?

•Contact

taylorpj2@cardiff.ac.uk

**SO, WHAT CAN THE
RESEARCH COMMUNITY
DO FOR YOU?**

AND

**WHAT CAN YOU DO
FOR FORENSIC
PSYCHIATRY
RESEARCH?**