



# The New to Forensic Programme

A multi disciplinary educational initiative developed by  
the School of Forensic Mental Health (SoFMH)

Lindsay Thomson

Forensic Psychiatry Research Society

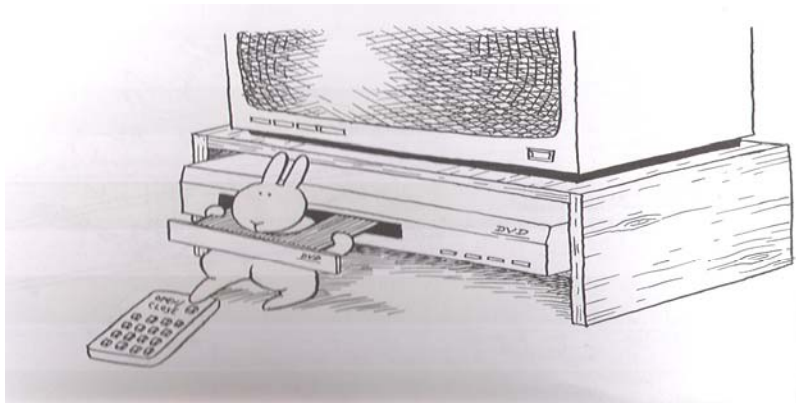
[l.d.g.thomson@ed.ac.uk](mailto:l.d.g.thomson@ed.ac.uk)

7th November 2008

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# Avoiding the nasty accident



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Mental Health

NHS  
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for  
Scotland

New to Forensic  
Mental Health  
Teaching Programme

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## Forensic Mental Health Context

Major Change in Forensic Services

- new legislation
- reduction in numbers of high secure service beds,
- increase in numbers of staff in medium and low secure services, and community services
- new services and systems

Workforce Planning for Forensic Nurses 2005 (CNO report)  
2 recommendations addressed by NES:

- develop a new to forensic education programme
- create a development framework for forensic nurses

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## Educational Principles

- Knowledge reduces risk
- Need to understand risk
- Need to understand mental disorder and the patient journey
- Need to understand your role
- Must be inclusive of all staff
- Methods must be practical and feasible

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## Steering Group Membership

Ivan Carnegie Tayside Voices	Amanda McLaren Murray Royal
Lyn Docherty SAMH Glasgow	Ewan McLean Covenant Churchill
Bobby Duffy SAMH Glasgow	John Porter Scottish Prison Service
Elizabeth Gallacher Orchard Clinic	Mark Ramm Orchard Clinic
Mark Gillespie University of West of Scotland	Graham Rennie Murray Royal
Dr Alyson Kettles Aberdeen University	Susan Tait Mental Welfare Commission
Dave Langton Forensic Network	Catherine Totten The State Hospital
Michael Maas-Lowit Scottish Government	Helen Walker (Chair) NHS Education for Scotland
Dr Anne MacDonald Greater Glasgow and Clyde	Carol Watson NHS Education for Scotland
Jamie Malcolm Mental Welfare Commission	Sandy McComish Stirling University
Willie McFadden Forth Valley	
Iain McKenzie Lanarkshire	

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 **'New to Forensic' Writing Group** 

**Edinburgh University**  
Dr Lindsay Thomson Medical  
David Langton Nursing  
Ed Finlayson Social Work  
Dr Lisa Marshall Psychology  
Cheryl McMorris Occupational Therapy and  
Dr Louise Robinson Lecturer

Design the 'new to forensic' education programme and develop a 'training for trainers' pack

  
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 **Content** 

Chapter 1 - Aims and Teaching Methods	Chapter 7 - Forensic Mental Health Services and the Criminal Justice System: Understanding the relationship
Chapter 2 - Understanding Mental Disorder	Chapter 8 - Psychiatric Defences and Legislation for Mentally Disordered Offenders
Chapter 3 - Definitions, Principles and Policy for Mentally Disordered Offenders	Chapter 9 - Assessment, Treatment and Management of Mentally Disordered Offenders
Chapter 4 - Civil Mental Health Legislation	Chapter 10 - Multidisciplinary Working, Communication and Managing Difference
Chapter 5 - Forensic Mental Health Services	Chapter 11 - Safety of Staff, Patients and Public including Risk Assessment and Management
Chapter 6 - Attitudes to Mentally Disordered Offenders and ways of dealing with personal emotions and boundaries	Chapter 12 - Taking Account of the Views of Users and Carers

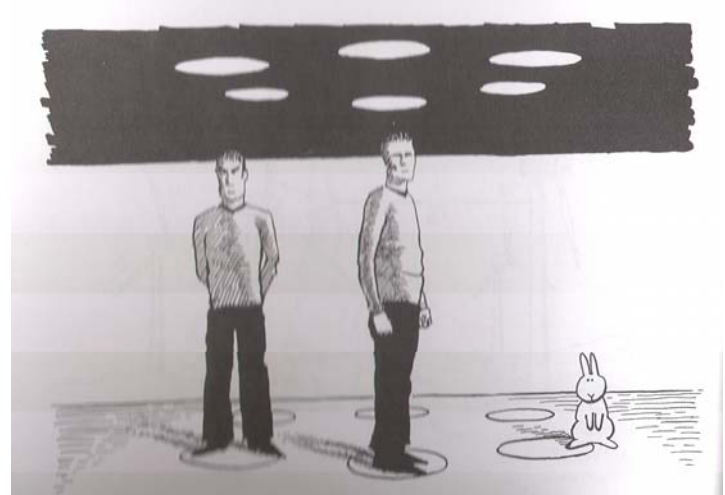
  
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## Our Vision

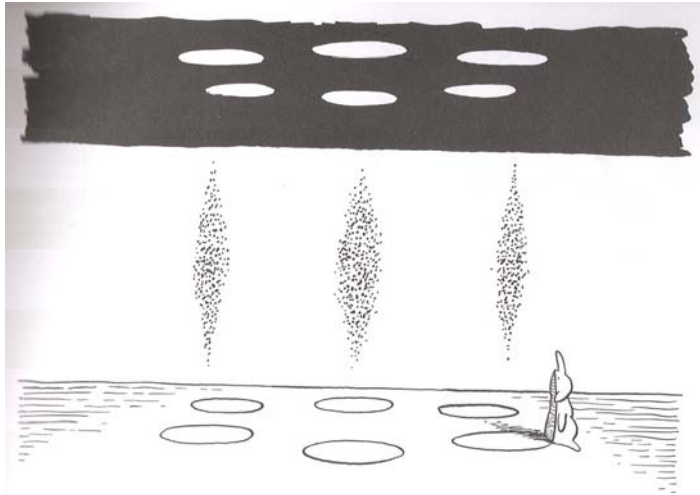
- 'New to Forensic' introductory education package
- Introductory level
- Problem based learning – practice based application
- Supported by experienced mentors
- Uses case-scenarios – designed to challenge thinking
- Encourages reflective practice – use of reflective diary
- Links to other learning materials throughout the programme
- Extends over six months – one year
- Applicable to all disciplines
- Available for both clinical and non-clinical staff
- Accessible in any setting

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### Rollout of the Programme across Scotland

- Training the trainers workshops
- Additional mentor training
- Additional chapters
- E-version
- Regional Groups (East, West and North)
- National meeting – April 2009
- Additional support

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## Requests for use of the programme beyond Scotland

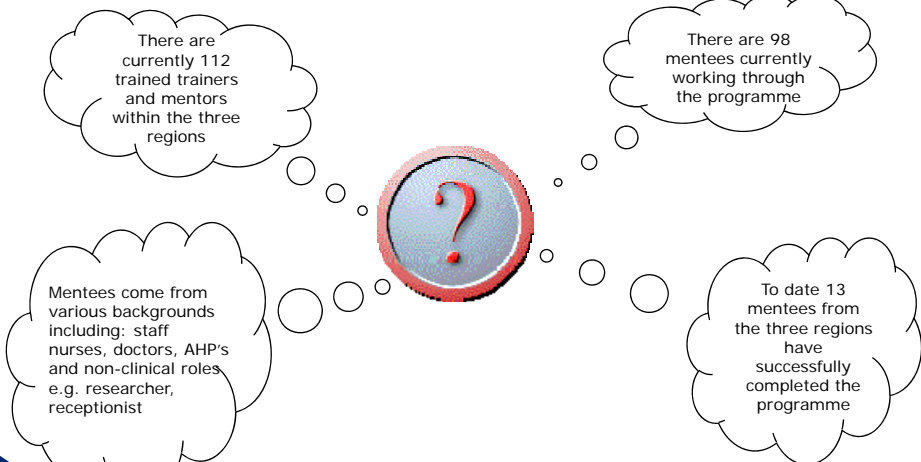
- Northern Ireland
- Australia – new unit in Melbourne
- Private sector in England (Partnerships in Care)
- Prison service – public and private (UK wide)



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## New to Forensic Mental Health Teaching Programme Facts




There are currently 112 trained trainers and mentors within the three regions

There are 98 mentees currently working through the programme


Mentees come from various backgrounds including: staff nurses, doctors, AHP's and non-clinical roles e.g. researcher, receptionist

To date 13 mentees from the three regions have successfully completed the programme



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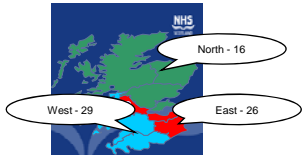
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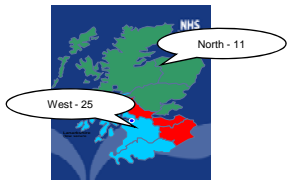
- Trainers – completed two day training programme
- Mentors – completed one day training programme

Trainers by Sector / Discipline/Function		
NHS	Nurses	78
	AHP's	6
	Social Workers	5
	Medical	2
	Other	2
Private	Nurses	2
	Nurses	1
SPS	Other	4
	Nurse	2


**Trainers by Region<sup>1)</sup>**



**Mentors by Region<sup>2)</sup>**




1) Regional division of **Trainers** broken down into three areas: North, East, West  
 2) Regional division of **Mentors** broken down into three areas: North, East, West



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## New to Forensic Mental Health Teaching Programme



Trainer Entry Form

Mentor Entry Form

Mentee Entry Form

Enter Trainer Qualifications/Experience

Amend Details: Current Mentors

View All Units

Trainer Queries

Mentor Queries

Mentee Queries

3 Month Information

6 Month Information

12 Month Completion

Exit

View
NUM

File Edit View Insert Format Records Tools Window Help Type a question for help

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## Mentee Form

Mentee Information

Mentor Information

Course Information

Surname: <input style="width: 90%;" type="text"/>	Surname: <input style="width: 90%;" type="text"/>	Completed Mentor Post Programme Assessment <input type="checkbox"/>
Forename: <input style="width: 90%;" type="text"/>	Forename: <input style="width: 90%;" type="text"/>	Month Started: <input style="width: 90%;" type="text"/>
Discipline: <input style="width: 90%;" type="text"/>	Discipline: <input style="width: 90%;" type="text"/>	3 Month Alert: <input style="width: 90%;" type="text"/>
Region: <input style="width: 90%;" type="text"/>	Region: <input style="width: 90%;" type="text"/>	6 Month Alert: <input style="width: 90%;" type="text"/>
Health Board: <input style="width: 90%;" type="text"/>	Health Board: <input style="width: 90%;" type="text"/>	12 Month Completion Date: <input style="width: 90%;" type="text"/>
Unit: <input style="width: 90%;" type="text"/>	Unit: <input style="width: 90%;" type="text"/>	Signed Off by Mentor: <input style="width: 90%;" type="text"/>
sector: <input style="width: 90%;" type="text"/>	Email: <input style="width: 90%;" type="text"/>	Certificate Issued <input type="checkbox"/>
Email: <input style="width: 90%;" type="text"/>	Tel No: <input style="width: 90%;" type="text"/>	Date Cert Issued: <input style="width: 90%;" type="text"/>
Tel No: <input style="width: 90%;" type="text"/>		Reason for Non-Completion: <input style="width: 90%;" type="text"/>

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Microsoft Access: [3 months alert]

File Edit View Insert Format Records Tools Window Help Type a question for help

View

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### 3 Months Alert

Unit	Name	Surname	Discipline	Region	Contact Details	Alert Date
Abert Park	Martin	Ross	Andy	Fife	andy.ross@scot.nhs.uk	September 2008
Abert Park	Alex	Thomson	Andy	Fife	andy.ross@scot.nhs.uk	September 2008
Heavriggs Hospital	William	Brown	Brian	Fife	brian.bro@scot.nhs.uk	September 2008
Heavriggs Hospital	Neil	Coxs	Brian	Fife	brian.bro@scot.nhs.uk	September 2008
Heavriggs Hospital	Lesley	Finlay	Brian	Highland	lesley.finlay@highland.scot.nhs.uk	September 2008
Heavriggs Hospital	Brian	Lynch	Brian	Fife	brian.bro@scot.nhs.uk	September 2008
Heavriggs Hospital	Malcolm	Heath	David	Highland	malcolm.heath@highland.scot.nhs.uk	September 2008
Heavriggs Hospital	Bill	Roberts	Brian	Highland	bill.rob@highland.scot.nhs.uk	September 2008
Heavriggs Hospital	John	Richardson	Brian	Highland	john.rich@highland.scot.nhs.uk	September 2008

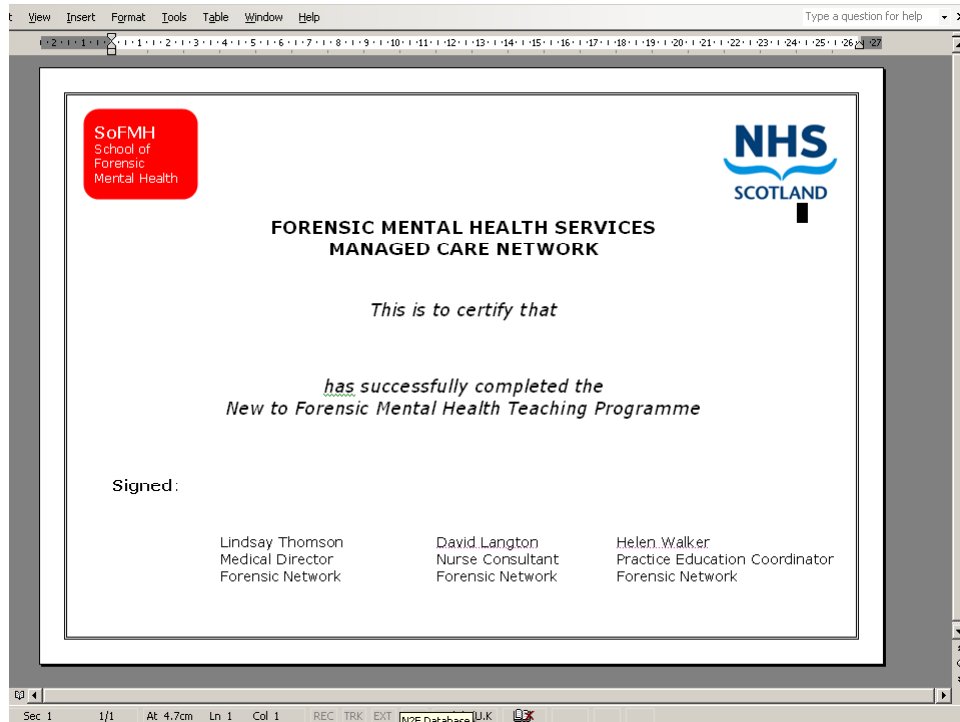
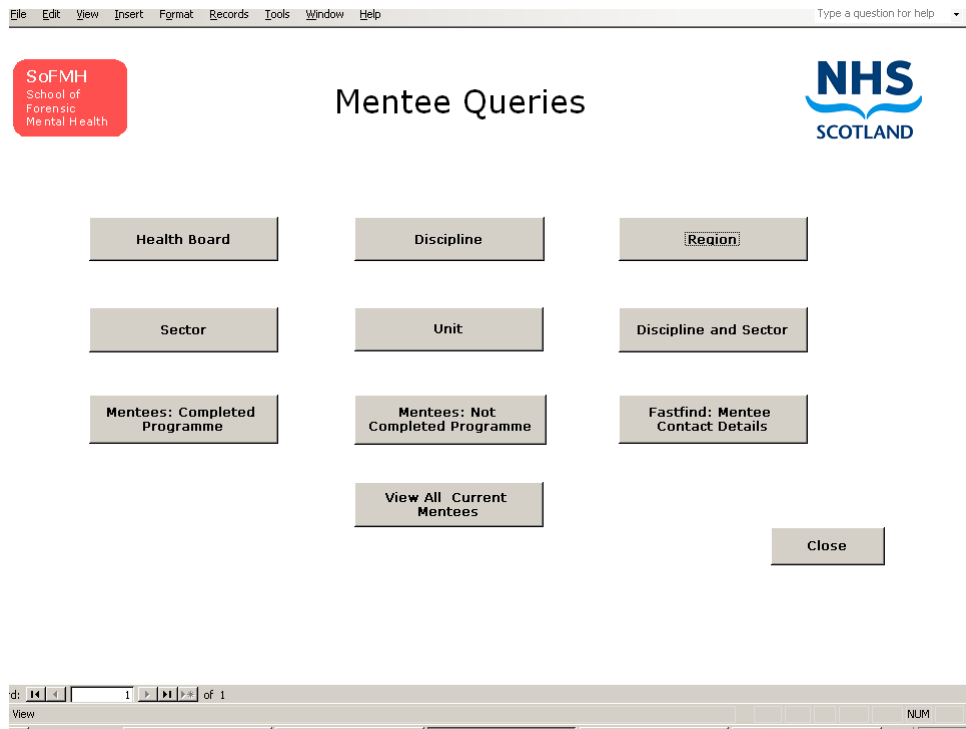
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Ready NUM

Microsoft PowerPoint - New To Forensic - Dis... Opening Form - Form... Mentee entry - Form... 3 months alert 16:18

The Forensic Network  
[www.forensicnetwork.scot.nhs.uk](http://www.forensicnetwork.scot.nhs.uk)



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### New to Forensic Mental Health Teaching Programme Facts

NHS  
SCOTLAND

'It is easier to understand what's being said during handovers' NA

'Information gets reported much more quickly now' SN

'It's something that's really relevant to my practice' newly qualified SN



'It's a pleasure to teach' Mentor

The Forensic Network  
[www.forensicnetwork.scot.nhs.uk](http://www.forensicnetwork.scot.nhs.uk)

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## Evaluation

Led by Dave Langton, Nurse Consultant

Aim: to critically evaluate the introduction of the 'new to forensic' programme in forensic services throughout Scotland

Process: A longitudinal study over a three year period with a consecutive sample of all new starts using survey and line interviews of participants, mentors and line managers

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## Developments in the School

Strategic Change Grant applied for 2 Phases:

1. Development of short bespoke courses multi disciplinary and multi agency delivered by a variety of medium
2. Development of Certificate, Diploma and Masters level programmes in Forensic Mental Health

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## Already developed by the School (1)

- Developed and published the New to Forensic Mental Health Training Programme for NES
- Established a Network of Trainers across Scotland for the delivery of the New to Forensic Programme. This training network will be used in other aspects of the work of SoFMH
- Commenced work on developing an electronic version of the New to Forensic Programme

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## Already Developed by the School(2)



- Delivered training to Mental Health Tribunal members.
- Developed and delivered teaching materials on the new Care Programme Approach and Multi-Agency Public Protection Arrangements for forensic patients on behalf of the Scottish Government (Scottish Government's Chief Executive Letter CEL (13) 2007).
- Commissioned by the Risk Management Authority to develop a Risk Report Writing Module.

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# Quiz





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The 'Right Time, Right Place'  
came out in 2001



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A principle of a recovery based service is to focus on people, not services





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Identifying needs and problems is one of the 10 essential shared capabilities for mental health practice



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A SECTION 36(1) lasts up to  
48 hrs





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300 people per 1000 in Britain  
experience mental health problems



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The most effective method of forming a therapeutic relationship with a patient diagnosed with a personality disorder is to get really close to them



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Impaired attention is a positive symptom of schizophrenia





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Respect for carers is a MILLAN principle?



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A Peer Worker cannot witness an advance statement



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There are 5 historical factors  
in the HCR 20



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A relapse signature must be  
signed by the patient



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